

## Physical Function

<b>PID:</b> <input type="text"/>	<b>Date Form Completed:</b> <input type="text" value="mm/dd/yyyy"/>	<b>Administered by:</b> <input type="text" value="STAFF II"/>
<b>Acrostic:</b> <input type="text"/>	<b>Administration Type:</b> <input type="text" value="Self-administered"/> <input type="text" value="Mailed"/> <input type="text" value="Telephone"/> <input type="text" value="Interviewer-administered"/> <input type="text" value="Home"/> <input type="text" value="Administered to Proxy"/>	<b>Language:</b> <input type="text" value="English"/> <input type="text" value="Spanish"/> <input type="text" value="Navajo"/>
<b>Visit:</b> <input type="text"/>		

- 
- 1 - Yes (Complete Q1a and Q1b only)
- 2 - No (Go to Q1c)
- 3 - Don't know (Go to Q1c)
- 4 - Refused (Go to Q1c)
- 5 - Don't do (Complete Q1b only)

**1. Because of the health or physical problem, do you have any difficulty walking a quarter of a mile, that is about 2 or 3 blocks?** {diff\_walk} {int 4}

**1a. How much difficulty do you have?** {meas\_diff} {int 4}

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- 3 - A little difficulty
- 2 - Some difficulty
- 1 - A lot of difficulty
- 0 - Unable to do it
- 6 - Don't know

**1b. What is the main reason that you have difficulty or don't walk 1/4 mile?** {diff\_reason} {int 4}

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- 01 - Arthritis
- 02 - Back Pain
- 03 - Balance problems/unsteadiness on feet
- 04 - Cancer
- 05 - Chest pain/discomfort
- 06 - Circulatory problems
- 07 - Diabetes
- 08 - Fatigue/tiredness (no specific disease)
- 09 - Fall
- 10 - Heart disease (including angina, congestive heart failure, etc.)
- 11 - High blood pressure/hypertension
- 12 - Hip fracture
- 13 - Injury (Please Specify)
- 14 - Joint pain
- 15 - Lung disease (asthma, chronic bronchitis, emphysema, etc.)
- 16 - Old age (no mention of specific condition)
- 17 - Osteoporosis
- 18 - Shortness of breath
- 19 - Stroke
- 20 - Other symptom (Please Specify)
- 21 - Multiple conditions/symptoms given; unable to determine main reason
- 22 - Don't know

**If 'Injury' or 'Other symptom', specify:** {diff\_spy} {text 16}

**End questionnaire, if Question 1b was answered**

**1c. How easy is it for you to walk a quarter of a mile?** {qtmile\_ease} {int 4}

- 
- 6 - Very easy
- 5 - Somewhat easy
- 4 - Not that easy
- 6 - Don't know/don't do

1d. Do you get tired when you walk a quarter of a mile? {tired\_qtmile} {int 4}

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1 - Yes  
2 - No  
-6 - Don't know/don't do

1e. Because of health or physical problem, do you have any difficulty walking a distance of one mile, that is about 8 to 12 blocks? {diff\_1mile} {int 4}

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0 - Yes (End)  
2 - No (Go to Q1f)  
-6 - Don't know/don't do (Go to Q1f)

1f. How easy is it for you to walk one mile? {mile\_ease} {int 4}

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9 - Very easy  
8 - Somewhat easy  
7 - Not that easy  
-6 - Don't know/don't do

## Physical Function

PID: \_\_\_\_\_ ADMINISTERED BY:

ACROSTIC: \_\_\_\_\_

VISIT: \_\_\_\_\_

DATE of VISIT:   /   / 20



1. Because of a health or physical problem, do you have any difficulty walking a quarter of a mile, that is about 2 or 3 blocks? (Interviewer Note: If the participant responds "Don't do", probe to determine whether this is because of a health or physical problem. If the participant doesn't walk because of a health or physical problem, check "Yes." If the participant doesn't walk for other reasons, check "Don't do.")

- Yes (Complete Questions 2 and 3 only)
- No (Go to Question 4)
- Don't know (Go to Question 4)
- Refused (Go to Question 4)
- Don't do (Complete Question 3 only)

2. How much difficulty do you have? (Interviewer Note: Read response options.)

- A little difficulty
- Some difficulty
- A lot of difficulty
- Unable to do it
- Don't know

3. What is the main reason that you have difficulty [or don't walk 1/4 mile]? Is it because of arthritis, shortness of breath, heart disease, or some other reason? (Interviewer Note: If "some other reason", probe for response. Do NOT read response options. Mark only ONE answer.)

- Arthritis
- Back pain
- Balance problems/unsteadiness on feet
- Cancer
- Chest pain/discomfort
- Circulatory problems
- Diabetes
- Fatigue/tiredness (no specific disease)
- Fall
- Heart disease (including angina, congestive heart failure, etc.)
- High blood pressure/hypertension
- Hip fracture
- Injury → Specify:
- Joint pain
- Lung disease (asthma, chronic bronchitis, emphysema, etc.)
- Old age (no mention of specific condition)
- Osteoporosis
- Shortness of breath
- Stroke
- Other symptom → Specify:
- Multiple conditions/symptoms given; unable to determine main reason
- Don't know

**End questionnaire if Question 3 was answered**

4. How easy is it for you to walk a quarter of a mile? (Interviewer Note: Read response options.)

- Very easy
- Somewhat easy
- Not that easy
- Don't know/don't do

5. Do you get tired when you walk a quarter of a mile?

- Yes
- No
- Don't know/don't do

6. Because of a health or physical problem, do you have any difficulty walking a distance of one mile, that is about 8 to 12 blocks?

- Yes (End questionnaire)
- No (Go to Question 7)
- Don't know/don't do (Go to Question 7)

7. How easy is it for you to walk one mile? (Interviewer Note: Read response options.)

- Very easy
- Somewhat easy
- Not that easy
- Don't know/don't do